### More Fluffybutt Love: The Healing Power of **Chickens**

Chickens are not just for eggs and meat. They can also be a source of comfort, companionship, and healing.



#### More Fluffybutt Love: The Healing Power of Chickens

Book 2 by Jessie Shedden

★ ★ ★ ★ ★ 5 out of 5

Language : English File size : 3597 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Print length : 154 pages Lending : Enabled



Chicken therapy, also known as poultry therapy, is a type of animalassisted therapy that uses chickens to help people improve their physical, mental, and emotional well-being.

Chickens have a number of qualities that make them well-suited for therapy. They are gentle and friendly creatures, and they are easy to care for. They are also very social animals, and they enjoy interacting with people.

Studies have shown that chicken therapy can have a number of benefits, including:

- Reducing stress and anxiety
- Improving mood
- Boosting self-esteem
- Promoting social interaction
- Providing a sense of purpose
- Helping people to connect with nature

Chicken therapy can be helpful for people of all ages, but it is particularly beneficial for people with disabilities, mental health conditions, and chronic illnesses.

One of the most well-known examples of chicken therapy is the work of Dr. Bennie Cooper, a psychiatrist who has used chickens to help his patients with mental illness. Cooper believes that chickens can provide a sense of comfort and companionship for people who are struggling with mental health issues. He also believes that chickens can help people to learn how to interact with others and to develop a sense of responsibility.

Another example of chicken therapy is the work of Camp Firefly, a non-profit organization that provides summer camp programs for children with cancer and their families. Camp Firefly uses chickens as part of its therapy program, and the children have found that the chickens can help them to cope with the stress of their illness and to make new friends.

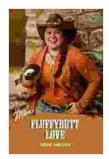
If you are interested in learning more about chicken therapy, there are a number of resources available online. You can also contact your local animal shelter or veterinarian to see if they offer any chicken therapy programs.

#### **How to Get Involved with Chicken Therapy**

If you are interested in getting involved with chicken therapy, there are a number of ways to do so.

- Volunteer at a local animal shelter or rescue organization that offers chicken therapy programs.
- Start your own chicken therapy program. This is a great option if you have the time and resources to care for a flock of chickens.
- Visit a farm or sanctuary that offers chicken therapy programs.
  This is a great way to learn more about chicken therapy and to see how it can help you.

No matter how you choose to get involved, chicken therapy can be a rewarding experience for both you and the chickens.



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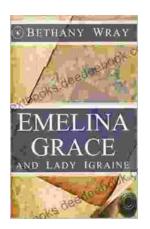
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